Medical Social Grocery **Transportation Service** Who is eligible? **Service Location** Transportation for: **Nipissing District** Au Chateau West Nipissing No age requirement 705-753-7116 Escort may be required to Travel to North Bay and Sudbury. Office Hours: Monday to Friday support mobility. Accessible Vehicle: Yes 8 a.m. to 4 p.m. **Canadian Cancer Society** Living with cancer diagnosis Nipissing District, Parry Sound, & Ŷ 1-888-939-3333 Electronic referral Almaguin Medical travel up to 400km one Office Hours: Monday to Friday completed by member of Accessible Vehicle: No clinical team. 9 a.m. to 5 p.m. way. **Canadian Red Cross Nipissing District** 705-472-5760 60 years of age + Medical Travel to Huntsville and Office Hours: Monday to Friday Sudbury. 8:30 a.m. to 4:30 p.m. Accessible Vehicle: No **Cassellholme Community Support Services** 65 years of age + North Bay Will travel outside of North Bay for 705-474-4250 ext. 789 Lives at Castle Arms or at an special occasions. Accessible Vehicle: Yes Office Hours: Monday to Friday approved seniors' building 8 a.m. to 4 p.m. **Metis Nation of Ontario** Self-identify as Metis. **Nipissing District** 705-474-2767 Approved clients with Coordinator will assist arranging physical or financial barriers travel outside of district for those Office Hours: Monday to Friday Accessible Vehicle: Yes 8:30 a.m. to 4:30 p.m. regardless of age. eligible. **North Bay Indigenous Friendship Centre** All Ages, Urban 705-472-2811 **Indigenous People** Live in the City of North Bay Accessible Vehicle: No Office Hours: Monday to Friday Registration required. 8:30 a.m. to 4:30 p.m.

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Transportation Service	Who is eligible?	Service Location	Transportation for:	
Nipissing District (Continued)				
North Bay Limousine Services 705-474-7942 Office Hours: Monday to Friday 6 a.m. to 8 p.m.	Must be able to self-transfer	Nipissing District Will travel outside of district.	Accessible Vehicle: Yes	
North Bay Transit (Para-Bus) 705-476-5530 Office Hours: Monday to Friday 7 a.m. to 5 p.m.	Unable to access conventional transit. Eligibility considered case- by-case.	Within urban boundaries of North Bay	Accessible Vehicle: Yes	
5-0 Cab 705-476-5050	No specific eligibility criteria	North Bay and area	Accessible Vehicle: No	
Belanger Taxi 705-744-5722	No specific eligibility criteria	Primarily Mattawa and North Bay Will travel to Sturgeon Falls and Sudbury.	Accessible Vehicle: No	
North Bay Transit (City Bus) 705-474-0419	Public Transit Service	No residency requirement Bus stops located across North Bay.	Accessible Vehicle: Yes	
U-NEED-A-CAB 705-497-7777	No specific eligibility criteria	North Bay and area	Accessible Vehicle: Yes	
Uride	No specific eligibility criteria Must download the app	Pick up in North Bay, Redbridge, Corbeil.	Accessible Vehicles: No	
	Canadian Croix-Rouge Red Cross canadienne Community Support Services	West Parry Sound District COMMUNITY SUPPORT SERVICES		

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Transportation Inventory		🕈 Medical 🖧	Social 🛒 Grocery		
Transportation Service	Who is eligible?	Service Location	Transportation for:		
Parry Sound District					
Dokis First Nation 705-763-2112 Office Hours: Monday to Friday 8:30 a.m. to 4:30 p.m.	Band member or member with Indian status	Dokis First Nation resident Will travel to North Bay, Sudbury, and Sturgeon Falls.	Accessible Vehicle: No		
East Parry Sound Community Support Services 1-888-521-0000/705-724-6028 Office Hours: Monday to Friday 8 a.m. to 4 p.m.	Older Adults + Services available to approved clients who are impacted by illness, recovery, or disability regardless of age	East Parry Sound District Will provide travel outside of district for medical appointment and provide travel for clients in transportation gap areas.	Accessible Vehicle: Yes		
Henvey Inlet First Nation 1-866-252-3330 Office Hours: Monday to Friday 8:30 a.m. to 4:30 p.m.	Band member or member with Indian status	Henvey First Nation resident Will travel to Parry Sound, Sudbury, and Britt.	Accessible Vehicle: Yes		
Magnetawan First Nation 705-383-1047 Office Hours: Monday to Friday 8 a.m. to 4 p.m.	Band member	Magnetawan First Nation resident Parry Sound Monday to Friday, Britt on Wednesday Will travel to outside regions (call to arrange).	Accessible Vehicle: Yes		
Parry Sound Friendship Centre 705-746-5970 Office Hours: Monday to Friday 8:30 a.m. to 4:30 p.m.	All Ages, Urban Indigenous People For both registered and non- registered participants	City of Parry Sound Will travel to surrounding First Nation communities if required	Accessible Vehicle: No		
Shawanaga First Nation 705-366-2378 Office Hours: Monday to Friday 9 a.m. to 4:30 p.m.	Band member (call for more information)	Shawanaga First Nation resident Will travel to Toronto and Sudbury.	Accessible Vehicle: Yes		

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Transportation inventory				
Transportation Service	Who is eligible?	Service Location	Transportation for:	
Parry Sound District (Continued)				
Wasauksing First Nation 705-746-8022 Office Hours: Monday to Friday 8:30 a.m. to 4:30 p.m.	Band member or member with Indian status. Call for more information	Wasauksing First Nation resident Will travel within Parry Sound District and beyond (with approval)	Accessible Vehicle: Call for availability	
West Parry Sound Community Support Services 705-746-5602 Office Hours: Monday to Friday 8 a.m. to 4 p.m.	Older adults + Services available to approved clients who are impacted by illness, recovery, or disability regardless of age	West Parry Sound District Will travel outside of district for medical appointments	Accessible Vehicle: Yes	
Burks Falls Taxi 705-571-9479	No specific eligibility criteria	Burks Falls Area Will travel to other areas if required	Accessible Vehicle: No	
Callander Taxi 705-752-1271	No specific eligibility criteria	Callander to North Bay	Accessible Vehicle: No	
Carpool Almaguin explorealmaguin.ca	No specific eligibility criteria	Pick up and drop off varies Determine route on Poparide app and website	Accessible Vehicle: No	
Muskoka Taxi 705-687-2111	No specific eligibility criteria	Primarily Gravenhurst Will travel to other areas if required	Accessible Vehicle: Yes	
Parry Sound Taxi 705-746-1221	No specific eligibility criteria	Primarily Parry Sound District Pre-arranged travel to other areas	Accessible Vehicle: No	
North Bay Parry Sound District Health Unit Bureau de santé de district de North Bay Parry Sound	Canadian Croix-Rouge Red Cross canadienne Community Support Services	West Parry Sound District COMMUNITY SUPPORT SERVICES		

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