# Composting: Ins and Outs



## What goes IN!

### **Green Material**

- Fruit and vegetables (peels, cores, etc.) \*please remove produce stickers\*
- Coffee grounds
- Tea leaves
- Eggshells

#### **Brown Material**

- Dry leaves, grass, and plant stalks
- Shredded paper (non-toxic only) or brown paper bags
- Small pieces of cardboard (cut up)
- Other unbleached paper products (e.g., paper towels and napkins)

## What stays OUT!

- Oils and fats
- Bread and grain products
- Sauces
- Dairy products
- Nuts
- Fish, meat and bones
- Compostable K-cups, plastic or nylon tea bags
- Produce stickers
- Treated wood products
- Weeds that have gone to seed

