

# West Nipissing Seniors' Month Information Fair 2024

Friday June 14, 2024

West Nipissing Community Health Centre (68 Michaud St, Sturgeon Falls)

12:00 p.m. to 3:00 p.m.

Drop in and visit different organizations information booths!

Organization Name	Description of your organization
Aids Committee of North Bay	New Horizons is a program designed to support 2SLGBTQ+ SENIORS 55 +
Alliance Centre	Community Mental Health and Addiction Clinic
Alzheimer Society Sudbury-Manitoulin North Bay & Districts	Through an interdisciplinary team and in partnership with many community agencies, we strive to build inclusive and caring communities that are dementia friendly. We provide support services and programs for persons living with dementia, their care partners and anyone wanting to build their knowledge and skills in dementia care. Website: <a href="https://alzheimer.ca/sudburymanitoulin/en">https://alzheimer.ca/sudburymanitoulin/en</a> Facebook: <a href="https://www.facebook.com/alzheimersmnb/?fref=ts">https://www.facebook.com/alzheimersmnb/?fref=ts</a> Instagram: <a href="https://www.instagram.com/alzheimersmnb/">https://www.instagram.com/alzheimersmnb/</a>
Canadian Anti-Fraud Centre	antifraudcentre-centreantifraude.ca - we deal with fraud victims across Canada, do fraud prevention and education, victim support, fraud reporting, analysis, work closely with Law Enforcement and our Partners....and much much more. See website.
Canadian Hearing Services	Canadian Hearing Services is an industry-leading provider of services, products and education that empower Deaf and hard of hearing individuals to overcome barriers to participation. We are the largest and only accredited organization of its kind in North America. We provide a broad range of products and services, making us the most comprehensive resource for Deaf and hard of hearing individuals in Canada.
Canadian Red Cross	The Canadian Red Cross is an organization designed in helping people in Canada and around the world. We provide support in many ways through our numerous programs and services. Some of the programs we offer include but are not limited to the Seniors Transportation program, the Path Program, the My Way Home Program, Emergency and Disaster Services. First Aid and CPR training. etc. The North Bay Branch operates within North Bay and the Nipissing District, but we have other branches spread out across Canada.

Organization Name	Description of your organization
	You can check out our website at <a href="https://www.redcross.ca/in-your-community/ontario/ontario-find-a-branch/north-bay-branch">https://www.redcross.ca/in-your-community/ontario/ontario-find-a-branch/north-bay-branch</a>
Canadian Shield Health Care Services	At Canadian Shield Health Care Services, we provide safe, sincere and compassionate health care services by valuing our employees, operating with transparency and putting integrity first. We are a Northern Ontario owned and operated business providing health clinic services, home care services, nursing, mental health and wellness services and rehabilitation management services.
Goshenite Seniors 'services INC.	<p>Plan don't wait! At Goshenite Seniors Services Inc. our goal is to simplify and educate our clients about all options available to them in their community during the transition process. We are experts in post-retirement transitions. We will answer your questions about how best to deal with your situation and create a detailed plan that accommodates your specific needs.</p> <p>Website: <a href="http://www.gosheniteservices.com">www.gosheniteservices.com</a></p> <p>Services we offer: Transportation, transition and relocation, move management, downsizing, foot care, residential cleaning.</p>
Helpline: 24 Hour Personal Medical Alarm	<p>Concerned of your loved one having a fall or lying on the floor all night? Helpline; 24-hour Personal Medical Alarm is here to help. Helpline provides technology to keep you or your loved-one living safely at home. As part of your community for over 30 years we are like your neighbour, always eager to help. Have a question...don't hesitate to give us a call at 705-497-8010 / 1-800-667-8019 or visit us at <a href="http://www.helplinemedicalalarm.ca">www.helplinemedicalalarm.ca</a></p>
Home Instead	<p>Home Instead's mission is to enhance the lives of ageing adults and their families, and to pioneer greater professionalism within care work. Our company provides care for Recovering from surgery Living with Alzheimer's disease or dementia Recovering from a stroke, heart attack, or other serious health event, we also provide Mobility assistance, Meal preparation, Housekeeping, Medical reminder, Chronic illness care, Palliative care.</p> <p>Instagram: <a href="https://www.instagram.com/homeinsteadinc/">https://www.instagram.com/homeinsteadinc/</a>  Facebook: <a href="https://www.facebook.com/homeinsteadsudbury">https://www.facebook.com/homeinsteadsudbury</a>  Website: <a href="https://www.homeinstead.ca/location/3009?utm_source=google&amp;utm_medium=organic&amp;utm_campaign=gmb">https://www.homeinstead.ca/location/3009?utm_source=google&amp;utm_medium=organic&amp;utm_campaign=gmb</a></p>

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Lavigne Community Center	<p>The Lavigne Community Center was founded to help promote social, cultural, sports and athletic activities for all citizens of Lavigne and surrounding area. By letters patent, dated June 9th, 1977, it became a corporation, with the following objectives:</p> <ul style="list-style-type: none"> <li>• To promote social, cultural, sports and athletic activities.</li> <li>• To promote other civic and community services.</li> <li>• To receive, to acquire and retain donations, legacy and currency.</li> </ul>
Marina Point Village	<p>Marina Point Village is situated between North Bay's flagship waterfront walkways and the downtown core. Marina Point Village is designed to meet the changing needs of the seniors who helped to build the community. By offering independent apartments and full-service suites, Marina Point Village allows you to age in place.</p>
Nipissing Paramedic Services	<p>Community Paramedicine. Supporting patients in their healthcare to safely remain in their home.</p>
Nipissing Serenity Hospice	<p>Nipissing Serenity Hospice's mission is to provide the highest quality, person-centred residential hospice palliative care to the residents of Nipissing and East Parry Sound districts, in both official languages. Our specialized interdisciplinary team, with support of volunteers, attends to the physical, psychological, spiritual, and practical needs of individuals and provides ongoing support for their loved ones.</p> <p>Visit our website for more information <a href="http://www.nipissingserenityhospice.ca">www.nipissingserenityhospice.ca</a></p>
Nipissing Wellness OHT	<p><a href="https://nipissingwellness.ca/">https://nipissingwellness.ca/</a> - All information is provided on our website.</p>
North Bay Parry Sound District Health Unit	<p>OSDCP program, will provide resources to seniors on dental services and samples/brushes</p> <p>The Health Unit also:</p> <ul style="list-style-type: none"> <li>• Promotes healthy lifestyles including nutrition, active living, reproductive, sexual and dental health, and child development.</li> <li>• Prevents tobacco use, substance and alcohol misuse, and injuries. Prevent diseases through clinical services for immunization, dental, and sexual health.</li> <li>• Protects our communities from infectious diseases and environmental hazards in food, water, air, and soil.</li> <li>• Prepares for, respond to and support recovery from major emergencies.</li> </ul>

Organization Name	Description of your organization
Nurse Next Door North Bay	Home health care and support
Older Adult Centres' Association of Ontario (OACAO)	The Older Adult Centres' Association of Ontario (OACAO), founded in 1973, is a non-profit, charitable organization providing resources, expertise and leadership to Older Adult Centres, Seniors Active Living Centres (SALCs) and senior clubs through advocacy, education, networking, and innovative direction. The OACAO has a membership of well over 230 Centres, organizations and individuals involved in working with over 200,000 older adults across Ontario. <a href="http://www.oacao.org">www.oacao.org</a> , <a href="mailto:info@oacao.org">info@oacao.org</a> , toll free 1-866-835-7693
PHARA	PHARA provides Assisted Living, Attendant Outreach, Post Stroke Rehabilitation, and an Assistive Devices Program. We offer all services in both official languages to people with disabilities as well as housing opportunities for those with low or moderate incomes. We are in our 50th year of providing services in North Bay and surrounding communities.
Red Oak Villa	Assisted Retirement Living Home
Stay on Your Feet	Stay on Your Feet is a healthy aging initiative supported by the North Bay Parry Sound District Health Unit and Ontario Health North East. SOYF encourages everyone to Stay Active, Stay Strong, and Stay Social. Visit our website for more information and resources <a href="http://www.stayonyourfeet.ca">www.stayonyourfeet.ca</a>
Sturgeon Fall Seniors Club	
The Municipality of West Nipissing	The Municipality of West Nipissing serves a population of over 14,583 residents. The Municipality represents over 15 communities, including Cache Bay, Crystal Falls, River Valley, Sturgeon Falls, Verner, and many more. Over 27% of the population in West Nipissing is aged 65 years or older. The Municipality oversees over 48 facilities including 2 arenas, 6 community centres/halls, 2 fitness centres, an indoor pool, and the Museum. There are numerous outdoor recreation opportunities including 6 outdoor rinks, 3 public beaches, outdoor tennis court, as well as walking trails at the Museum and the marina at Minnehaha Bay. More information can be found on our website <a href="http://www.westnipissingouest.ca">www.westnipissingouest.ca</a> . See also our "Seniors Services" page: <a href="https://www.westnipissing.ca/residents/seniors-services/">https://www.westnipissing.ca/residents/seniors-services/</a> Facebook: <a href="https://www.facebook.com/MunicipalityofWestNipissing/">https://www.facebook.com/MunicipalityofWestNipissing/</a> Instagram: <a href="https://www.instagram.com/westnipissingouest/">https://www.instagram.com/westnipissingouest/</a> LinkedIn: <a href="https://www.linkedin.com/company/municipality-of-west-nipissing">https://www.linkedin.com/company/municipality-of-west-nipissing</a>

Organization Name	Description of your organization
West Nipissing Community Health Center - NUTRITION	<p>West Nipissing Community Health Centre provides primary health care, illness prevention and management, and health promotion services through an interprofessional team. The Centre commits to adopt a leadership role and work collaboratively with community partners to foster the social, mental and physical health of the Aboriginal, Anglophone and Francophone residents of West Nipissing and Garden Village.</p> <p>Website: <a href="https://www.cscno-wnchc.org/about-us/">https://www.cscno-wnchc.org/about-us/</a></p>
West Nipissing Municipal Accessibility Advisory Committee (MAAC)	<p>The West Nipissing Municipal Accessibility Advisory Committee (MAAC) provides a communication/consultation forum for community-of-interest constituents to meet with Municipal management and to advise Council on matters pertaining to the following: Measures taken by the Municipality to identify, remove and prevent barriers to persons with disabilities. Measures in place for the Municipality to assess its proposals for By-laws, policies, programs and services to determine their effects on accessibility for persons with disabilities. Listings of By-laws, policies, programs and services that will be reviewed during the coming year in order to identify barriers to persons with disabilities. Measures the Municipality intends to take in the coming year to identify, remove and prevent barriers to persons with disabilities. Any other item under the authority of the Ontarians with Disabilities Act, 2001 under the purview of this advisory committee. MAAC members act in a liaison capacity with their community constituent groups and are active members in MAAC meetings. Members are involved in suggesting items for the advisory committee agenda; discussing issues; deciding upon recommendations; seeking public input on issues, concerns and recommendations; and effectively disseminating information to residents of West Nipissing</p>
West Nipissing Public Library	<a href="http://www.wnpl.ca">www.wnpl.ca</a>

Seniors' Month events are a partnership between the North Bay Parry Sound District Health Unit, Stay on Your Feet, The Village at Canadore College and West Parry Sound Campus, Older Adult Centres' Association of Ontario, CareLink Advantage and Helpline, Nipissing Wellness Ontario Health Team, East Parry Sound Community Support Services, and local older adults. The event is funded in-part by the Government of Canada's New Horizons for Seniors Program.

For more information about [Healthy Aging](#).



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**East Parry Sound**  
 Community  
 Support Services



stay on your feet  
 avancez de pied ferme



**CENTRE DE SANTÉ COMMUNAUTAIRE DE NIPISSING OUEST**  
 WEST NIPISSING COMMUNITY HEALTH CENTRE



ANETTE DO NIPISSING WELLNESS NBISSING MOWIKATYAN  
 Équipe Santé Ontario Health Team  
 Ontario Bimaadzwin Niiqaanwiwaad



**THE VILLAGE**  
 CANADORE

Older Adult Centres' Association of Ontario  
 Association des centres pour aînés de l'Ontario

**OACAO**

The Voice of Older Adult Centres  
 La voix des centres pour aînés

Est. 1973  
**50**  
 years of service

North Bay Parry Sound District  
**Health Unit**



**Bureau de santé**  
 du district de North Bay-Parry Sound

Funded by the Government of  
 Canada's New Horizons for  
 Seniors Program

