

Parry Sound Seniors' Month Information Fair 2024

Tuesday, June 11, 2024

Bobby Orr Community Centre (7-17 Mary St, Parry Sound)

2:00 p.m. to 6:00 p.m. 705-746-5602

Drop in and visit different organizations information booths!

Organization Name	Description of your organization
Age-Friendly Consulting	We recognize there are many pathways on our Journey of Life for the young, the older adults and everyone in between. Collaboratively we share the many services and supports. Speaker series presentations. Train the trainer programs.
Aids Committee of North Bay	New Horizons is to assist the 2SLGBTQ+ Seniors population
Alejandra's Recreation Therapy Services	Alejandra's Recreation Therapy Services provides meaningful leisure programs to enhance senior's quality of life. Services offered but are not limited to: Exercise, Art therapy, Emotional and Cognitive stimulation and other activities of daily living that may include laundry and light cleaning. Website: www.rtservicesps.ca Facebook: Alejandra's Recreation Therapy Services
Alzheimer Society of Muskoka	The Alzheimer Society of Muskoka offers a wide range of programs and services addressing the progress of Alzheimer disease with support for people living with dementia and their caregivers and families including supportive counselling, public education, weekly drop in programs, in home recreation, respite, a resource lending library, music and Minds in Motion.

Organization Name	Description of your organization
Canadian Anti-Fraud Centre	antifraudcentre-centreantifraude.ca - we deal with fraud victims across Canada, do fraud prevention and education, victim support, fraud reporting, analysis, work closely with Law Enforcement and our Partners....and much much more. See website.
Canadian Hearing Services	Canadian Hearing Services is an industry-leading provider of services, products and education that empower Deaf and hard of hearing individuals to overcome barriers to participation. We are the largest and only accredited organization of its kind in North America. We provide a broad range of products and services, making us the most comprehensive resource for Deaf and hard of hearing individuals in Canada
Canadian Shield Health Care Services	At Canadian Shield Health Care Services, we provide safe, sincere and compassionate health care services by valuing our employees, operating with transparency and putting integrity first. We are a Northern Ontario owned and operated business providing health clinic services, home care services, nursing, mental health and wellness services and rehabilitation management services.
Community Connection / 211	The 211 service for Central East Ontario is delivered by Community Connection, a professionally accredited information and referral agency located in Collingwood. Community Connection is an information and referral organization with a mission to create and improve access to services for people. Within the aging population that could be connecting seniors to assistance for Elder Abuse, Geriatric Psychiatry, Housing for Seniors, Transportation, Retirement Homes, Long term care homes, income programs for older adults and much more. 211 is a national 24/7 information and referral service to connect with government and community-based, non-clinical health and social services for people to solve problems, answer questions or provide assistance. 211 services are available

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	by phone, text, chat, email, and online search. The services are free and confidential and are available 24/7 and the 211 phone service offers interpreters in 170 languages.
Helpline: 24 Hour Personal Medical Alarm	Concerned of your loved one having a fall or lying on the floor all night? Helpline; 24-hour Personal Medical Alarm is here to help. Helpline provides technology to keep you or your loved-one living safely at home. As part of your community for over 30 years we are like your neighbour, always eager to help. Have a question...don't hesitate to give us a call at 705-497-8010 / 1-800-667-8019 or visit us at www.helplinemedicalalarm.ca
Lane Family Pharmacy	pharmacy
North Bay Parry Sound District Health Unit	<p>OSDCP program, will provide resources to seniors on dental services and samples/brushes</p> <p>The Health Unit also:</p> <ul style="list-style-type: none"> • Promotes healthy lifestyles including nutrition, active living, reproductive, sexual and dental health, and child development. • Prevents tobacco use, substance and alcohol misuse, and injuries. Prevent diseases through clinical services for immunization, dental, and sexual health. • Protects our communities from infectious diseases and environmental hazards in food, water, air, and soil. • Prepares for, respond to and support recovery from major emergencies.
Nurse Next Door North Bay	Home health care and support
Older Adult Centres' Association of Ontario (OACAO)	The Older Adult Centres' Association of Ontario (OACAO), founded in 1973, is a non-profit, charitable organization providing resources, expertise and leadership to Older Adult Centres, Seniors Active Living Centres (SALCs) and senior clubs through advocacy, education, networking, and innovative direction. The OACAO has a membership of well

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	<p>over 230 Centres, organizations and individuals involved in working with over 200,000 older adults across Ontario.</p> <p>Website: www.oacao.org</p> <p>Email: info@oacao.org</p> <p>Toll free 1-866-835-7693</p>
Ontario Provincial Police	Mobile Crisis Response Team of the OPP. Provide mental health supports to aging populations
Parry Sound Friendship Centre	We provide services to the 69 corridor.
Parry Sound Public Library	Our Mission the Parry Sound Public Library enriches the quality of life in the Town of Parry Sound, contracting municipalities, and surrounding areas by providing access to information for cultural, economic, educational, and recreational development and by promoting personal growth.
Parry Sound Seniors Club	<p>Offering year round seniors activities at the centre 80 James St. Parry Sound - example numerous different card games , tai chi, chair exercise, table pool, aquafit , country jam sessions</p> <p>Website: www.psseniors.com</p> <p>Facebook: Parry Sound Seniors</p>
Reekie denture clinic	<p>We are a denture clinic serving patients with removable prosthetics. We are located in Parry Sound and Barrie. We are registered with the Seniors program of Ontario as well as the federal Canadian dental care plan. All our services can be located on our website at reekiedentureclinic.com</p>

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RISE: Resource Centre for Independent Living	<p>RISE is a nonprofit, charitable organization who provides disabled individuals and their families with research, information, support, and empowerment designed to facilitate greater independence and build an inclusive and accessible society where all persons with disabilities are valued equally and participate fully. The Direct Funding Self-Managed Attendant Services Program is an innovated program that enables adults over the age of 16 with physical disabilities to become employers of their own attendants. Attendants assist with routine activities of daily living such as dressing, grooming, bathing, transferring, etc. RISE: Resource Centre of Independent Living is proud to offer this program because it exemplifies the spirit of consumer-directed care that is at the heart of all our services. Direct Funding allows for attendant service up to seven hours a day, for a maximum of 212 hours a month. The amount of service funded is individually negotiated. This program allows you to oversee your own staff, schedule your attendants to meet your specific daily needs, receive monthly funds to pay your attendants, and live wherever you like in the province of Ontario. RISE offers so much more. From our monthly printed Coffee Break newsletter, our digital Chatter Buzz newsletter, peer support groups, membership services, and volunteer services; there's something for everyone.</p> <p>Website: risercil.ca www.dfontario.ca Facebook: @risercil</p>
Stay on Your Feet	<p>Stay on Your Feet is a healthy aging initiative support by the North Bay Parry Sound District Health Unit and Ontario Health North East. SOYF encourages everyone to Stay Active, Stay Strong and Stay Social. Visit our website for more information and resources www.stayonyourfeet.ca</p>
The Gardens of Parry Sound	<p>Retirement Residence Website: www.gardensofparrysound.ca Facebook & Instagram: gardensofparrysound</p>

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Thrive Health and Athletics	Fire Cupping Acupuncture Massage Therapy Recreational Therapy Athletic Therapy Counselling Social Work Eating Disorder Recovery & Body Image Coaching Personal Training Semi-Private Group Training Fitness & Therapy Boxing Gua Sha Moxa Cosmetic Acupuncture Rock Taping Fascial Stretch Therapy
Victim Services	
West Parry Sound District Community Support Services	CSS services include: Senior Connect; Seniors' Lunch and Learn; Friendly Visiting; Transportation; Meals on Wheels; and Mobile Active Living Centers
West Parry Sound Health Centre - Volunteer Services	West Parry Sound Health Centre Auxiliary and Volunteer Services offer a variety of different Volunteer programs within the Health Centre to support patients, visitors, staff and WPSHC operations. WPSHC Volunteers serve all populations and provide support to patients at the bedside, greet visitors at our main entrance, and fundraise money for the health centre through our Volunteer run Gift Shop, Coffee Shop and Quilting team. The WPSHC Auxiliary has been operating since 1927 and is now one of the largest Volunteer organizations in the West Parry Sound area.
West Parry Sound Health Centre Rural Nurse Practitioner Led Clinic	West Parry Sound Health Centre Rural Nurse Practitioner Led Clinic - Community Enhanced Geriatric Team
West Parry Sound Recreation and Culture Centre Fund Raising Committee	Our organization is dedicated to raising funds for the new pool and recreation centre that is scheduled for completion in 2026. The new centre will feature a six-lane pool, a therapy and leisure pool, a walking track around a large fitness area and a regulation-sized gymnasium. The centre will serve all ages of our population with general fitness programs and facilities for a wide range of sports.
Whispering River Music	Whispering River Music provides people of all ages the chance to make music together. We have adult string classes and Music Moppets classes, a string orchestra and choir, and private and small group clinics for string players and musicians at any level or age. One of our most popular

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	<p>programs is our Adult Beginner and Recovering String Player class and Beginners Orchestra. We have a Creators circle once a month for poets, songwriters and artists - where teens and seniors meet and chat and create together. We visit local public schools with our travelling instruments, and members of the senior orchestra come and help us put a violin in the hands of a child for the first time. We play four family friendly concerts a year, featuring standard and new repertoire, and host Ojibwa, Metis and Settler Gatherings. We have a generous scholarship program - that applies to seniors too! To find out more about us and our programs (with funding many activities are free) please visit www.whisperingrivermusic.com or call 705 997 0736</p>

Seniors' Month events are a partnership between the North Bay Parry Sound District Health Unit, Stay on Your Feet, The Village at Canadore College and West Parry Sound Campus, Older Adult Centres' Association of Ontario, CareLink Advantage and Helpline, Nipissing Wellness Ontario Health Team, East Parry Sound Community Support Services, and local older adults. The event is funded in-part by the Government of Canada's New Horizons for Seniors Program.

For more information about [Healthy Aging](#).



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