

North Bay Seniors' Month Information Fair 2024

Saturday June 8, 2024

Canadore College Gymnasium (100 College Dr, North Bay)

9:30 a.m. to 1:30 p.m.

Drop in and visit different organizations information booths!

Organization Name	Description of the organization
Aids Committee of North Bay	New Horizons is a program designed to support 2SLGBTQ+ SENIORS 55 +
Alzheimer Society of Sudbury-Manitoulin North Bay & Districts	<p>Through an interdisciplinary team and in partnership with many community agencies, we strive to build inclusive and caring communities that are dementia friendly. We provide support services and programs for persons living with dementia, their care partners and anyone wanting to build their knowledge and skills in dementia care.</p> <p>Website: https://alzheimer.ca/sudburymanitoulin/en Facebook: https://www.facebook.com/alzheimersmnbd/?fref=ts Instagram: https://www.instagram.com/alzheimersmnbd/</p>
Barclay House Retirement Living	<p>A trusted retirement residence for over 30 years, Levante's Barclay House offers the best in North Bay senior living. A vibrant, welcoming community with spacious and appealing studio suites and comfortable common spaces located at ground level, Barclay House community is easily accessible for all residents. Barclay House ensures a quality of life for our senior residents by providing a full range of quality services and senior care options, delicious dining, and a vast array of recreational activities, programs and events.</p> <p>Instagram: @barclayhouseretirementliving Facebook: @barclayhouseretirementliving Website: www.barclayhouse.ca</p>
Canadian Hearing Services	Canadian Hearing Services is an industry-leading provider of services, products and education that empower Deaf and hard of hearing individuals to overcome barriers to participation. We are the largest and only accredited organization of its kind in North America. We provide a broad range of products and services, making us the most comprehensive resource for Deaf and hard of hearing individuals in Canada
Canadian Shield Health Care Services	At Canadian Shield Health Care Services, we provide safe, sincere and compassionate health care services by valuing our employees, operating with transparency and putting integrity first. We are a Northern Ontario owned and operated business providing health clinic services, home care services, nursing, mental health and wellness services and rehabilitation management services.
City of North Bay	City of North Bay https://northbay.ca/

Organization Name	Description of the organization
Clean Green Beautiful North Bay & District Inc.	Clean Green Beautiful North Bay is in its sixth year of making a positive impact on our community by promoting stewardship, and asking residents, businesses, institutions and the municipality to raise the bar of kindness for plants and people. We encourage fellow citizens to protect and help maintain our city's beauty, character, and heritage to create an inclusive, resilient community.
East Parry Sound Community Support Services	hot/frozen meal delivery; transportation; seniors' luncheons; falls prevention classes
Goshenite Seniors 'services INC.	<p>Plan ahead don't wait! At Goshenite Seniors Services Inc. our goal is to simplify and educate our clients about all options available to them in their community during the transition process. We are experts in post-retirement transitions. We will answer your questions about how best to deal with your situation and create a detailed plan that accommodates your specific needs.</p> <p>Website: www.gosheniteservices.com</p> <p>Services we offer: Transportation, transition, and relocation, move management, downsizing, foot care, residential cleaning.</p>
Hello Darlene	Eldercare Planning, Legacy Planning, Senior Support Services, Companionship, Downsizing, Decluttering, Home Support, Retirement Home Searches & navigation
Helpline: 24 Hour Personal Medical Alarm	<p>Concerned of your loved one having a fall or lying on the floor all night? Helpline; 24-hour Personal Medical Alarm is here to help. Helpline provides technology to keep you or your loved-one living safely at home. As part of your community for over 30 years we are like your neighbour, always eager to help. Have a question...don't hesitate to give us a call at 705-497-8010 / 1-800-667-8019 or visit us at www.helplinemedicalalarm.ca</p>
Independence	Independence has been in business for over 5 years providing fresh and frozen food, cleaning, light grocery orders and more.
Marina Point Village	Marina Point Village is situated between North Bay's flagship waterfront walkways and the downtown core. Marina Point Village is designed to meet the changing needs of the seniors who helped to build the community. By offering independent apartments and full-service suites, Marina Point Village allows you to age in place.
Nipissing Paramedic Services	Community Paramedicine. Supporting patients in their healthcare to safely remain in their home.

Organization Name	Description of the organization
Nipissing Serenity Hospice	<p>Nipissing Serenity Hospice's mission is to provide the highest quality, person-centered residential hospice palliative care to the residents of Nipissing and East Parry Sound districts, in both official languages. Our specialized interdisciplinary team, with support of volunteers, attends to the physical, psychological, spiritual, and practical needs of individuals and provides ongoing support for their loved ones. Visit our website for more information.</p> <p>www.nipissingserenityhospice.ca</p>
Nipissing Specialized Geriatric Services	<p>Seniors' Mental Health is a community outreach consultation service that provides mental health and cognitive assessment, diagnosis and treatment recommendations for older adults with age related mental health needs and cognitive challenges within the North Bay and Nipissing district.</p> <p>The Specialized Geriatric Clinic is a community outreach consultation service that provides assessment, diagnosis and treatment recommendations with a focus on geriatric syndromes, such as frailty, falls, polypharmacy, and other medical complexities within the North Bay and Nipissing district.</p> <p>Behavioural Supports Ontario provides behavioural health care services for older adults with, or at risk of, responsive behaviours/personal expressions associated with dementia, complex mental health, substance use and/or other neurological conditions within the North Bay and surrounding North East district.</p>
Nipissing Wellness OHT	<p>https://nipissingwellness.ca/ - All information is provided on our website.</p>
North Bay Heritage Gardeners	<p>The North Bay Heritage Gardeners are dedicated to developing a year-round, community-based, educational, horticultural, and environmental program focusing on waterfront beautification. The Heritage Gardeners are a local organization with over 300 volunteer gardeners who maintain and enhance the ornamental gardens along the waterfront.</p>
North Bay Parry Sound District Health Unit	<p>OSDCP program, will provide resources to seniors on dental services and samples/brushes.</p> <p>The Health Unit also:</p> <ul style="list-style-type: none"> • Promotes healthy lifestyles including nutrition, active living, reproductive, sexual, and dental health, and child development. • Prevents tobacco use, substance and alcohol misuse, and injuries. Prevent diseases through clinical services for immunization, dental, and sexual health. • Protects our communities from infectious diseases and environmental hazards in food, water, air, and soil. • Prepares for, respond to and support recovery from major emergencies.

Organization Name	Description of the organization
Nurse Next Door North Bay	Home health care and support
Older Adult Centres' Association of Ontario (OACAO)	<p>The Older Adult Centres' Association of Ontario (OACAO), founded in 1973, is a non-profit, charitable organization providing resources, expertise and leadership to Older Adult Centres, Seniors Active Living Centres (SALCs) and senior clubs through advocacy, education, networking, and innovative direction. The OACAO has a membership of well over 230 Centres, organizations and individuals involved in working with over 200,000 older adults across Ontario.</p> <p>Website: www.oacao.org Email: info@oacao.org Toll free 1-866-835-7693</p>
PHARA	PHARA provides Assisted Living, Attendant Outreach, Post Stroke Rehabilitation, and an Assistive Devices Program. We offer all services in both official languages to people with disabilities as well as housing opportunities for those with low or moderate incomes. We are in our 50th year of providing services in North Bay and surrounding communities.
Smiles with Emilie Mobile Dental Hygiene	I provide mobile dental hygiene services- for in-home and/or nursing homes. I provide preventative services such as teeth cleaning, denture care, caries stabilization, desensitization, referrals to other care providers. I bring all my dental equipment to you!
Stay on Your Feet	<p>Stay on Your Feet is a healthy aging initiative supported by the North Bay Parry Sound District Health Unit and Ontario Health North East. SOYF encourages everyone to Stay Active, Stay Strong, and Stay Social.</p> <p>Visit our website for more information and resources www.stayonyourfeet.ca</p>
VON	<p>We've been leading home and community care in Canada for over a century. We were among the first organizations in the country to offer home care and public health nursing and now, over a century later, we provide home and community support services to over 10,000 people every day across Ontario and Nova Scotia.</p> <p>Locally we provide community exercise classes in North Bay.</p> <p>VON.CA</p> <p>MEALS ON WHEELS</p>
Victim Services of Nipissing District	

Seniors' Month events are a partnership between the North Bay Parry Sound District Health Unit, Stay on Your Feet, The Village at Canadore College and West Parry Sound Campus, Older Adult Centres' Association of Ontario, CareLink Advantage and Helpline, Nipissing Wellness Ontario Health Team, East Parry Sound Community Support Services, and local older adults. The event is funded in-part by the Government of Canada's New Horizons for Seniors Program.

For more information about [Healthy Aging](#).



Older Adult Centres' Association of Ontario
Association des centres pour aînés de l'Ontario

OACAO

The Voice of Older Adult Centres
La voix des centres pour aînés



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